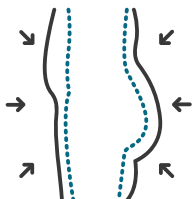
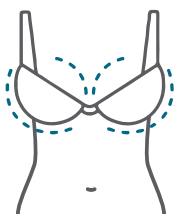


Top 5 Cosmetic Surgical Procedures for 2022



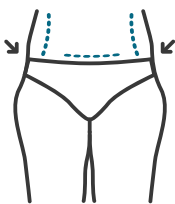
1. Liposuction

Liposuction holds the top spot for the second release in a row. Liposuction sculpts the body by removing excess fat from specific areas, including the abdomen, hips, thighs, butt, arms, back or neck, to improve contouring creating a more proportionate appearance. Liposuction removes stubborn, unwanted fat that diet and exercise can't eliminate.



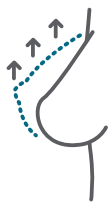
2. Breast Augmentation

Breast augmentation remains one of the most popular plastic surgery procedures, again making the Top 5. This procedure enhances the size and shape of breasts using implants to correct small, uneven or disproportionate breasts. Breast augmentation has been one of the most popular cosmetic procedures since 2006.



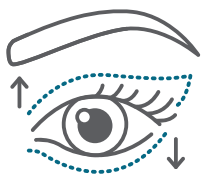
3. Tummy Tuck (Abdominoplasty)

Tummy tucks continue to be a favorite procedure, grabbing a spot in the Top 5 for a second year. The abdominal area is tightened and reshaped with this surgery to improve waistline definition and give a slimmer appearance. A tummy tuck can help transform loose or sagging skin, eliminate excess fat deposits and tighten abdominal muscles.



4. Breast Lift (Mastopexy)

Breast lifts made a reappearance in the Top 5 for the second time in a row. This procedure repositions the breasts to reduce sagging, low volume and downward-pointing nipples. It does not change the size of the breasts but can help improve symmetry and create a more balanced appearance. It often includes combination procedures like mommy makeovers.



5. Eyelid Surgery (Blepharoplasty)

Eyelid surgery returns to the Top 5 this year. Eyelid surgery removes excess skin, fat or muscle from the upper or lower eyelids (sometimes both) to reduce droopiness or puffiness around the eyes, making them appear refreshed.